



RIPPLE PRIMARY SCHOOL

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Headteacher: Mr R. M. Mitchell

28th March 2018

Dear Parents,

We are writing to let you know that next term we will be delivering our personal growth and relationship education (PGRE) programme to all Y5 children. Your child will be taking part in some lessons which will look at the **physical and emotional changes that will occur to their bodies during puberty. Please be aware that this unit of work does not go beyond the topic of puberty and is kept age appropriate within the science curriculum.**

These lessons will be delivered by class teachers but we will change our usual organisation for these lessons so that boys and girls will be taught separately to encourage open and honest discussions. The lessons will include some video material and age appropriate resources.

If you would like to view this video material before the lesson is taught, you will have an opportunity to do this and discuss any questions with myself and the year five teachers on **Thursday 19th April at 3.30pm** in 5RR on level 5. If you would like to attend, please return the slip below to your child's teacher.

Our aim is to provide the children with accurate information, whilst at the same time, offering a safe environment in which they can discuss their worries, so that they are fully prepared for the changes that are currently happening or will occur in their bodies during puberty and that they are reassured that these are a perfectly normal part of growing up.

In addition to being a part of PGRE, **these lessons are also a part of the national science curriculum and therefore are compulsory.** We are sure that you all recognise that participation in these lessons is important for the healthy physical and emotional wellbeing of adolescent children. These sessions are very valuable for helping children understand the changes that are happening to their bodies. In order for you to be able to support them with their new learning at home, we hope to see you on 19th April so that you will be able to help us to guide your child's learning.

Mr R Morrissey

Y5 Year Group Leader

I am attending the PGRE workshop at 3.45pm on Thursday 19th April to discuss questions and view video materials that will be shown to my child.

Signature _____

