



RIPPLE PRIMARY SCHOOL

Headteacher: Mr R. M. Mitchell

Suffolk Road, Barking, Essex IG11 7QS

T: 020 8270 4670 F: 020 8270 4673

E: office@ripple.bardaglea.org.uk

www.ripple.bardaglea.org.uk

Personal Growth Relationship Education (PGRE)

Dear Parents and Carers,

Last year Governors agreed our new PGRE policy for immediate implementation. This is a valuable part of children's education and all children will benefit from a clear and coherent programme of PGRE. Our policy and scheme have been drawn up with involvement from staff, Governors and Local Authority staff.

Overleaf you will find outlined our scheme of work which is fully consistent with the DfE guidelines on teaching PGRE. Our framework for teaching PGRE is set within the context of developing loving relationships, family and emotional well-being. It is taught through a whole range of means including circle time, video discussions, class activities, support from our PGRE leaders and the PGRE lead from the Local Authority.

Although you have the right to withdraw your child from parts of the PGRE curriculum which are not included in the science national curriculum (from Y4 upwards), we would strongly urge that you support the programme and encourage your child to participate fully in the age appropriate lessons. It is vital that your child receives clear and relevant information rather than picking up playground gossip. Teachers are fully aware of the need for religious, family and cultural sensitivity and respect the backgrounds of all our children.

If you would like to find out more about PGRE or have any concerns then please come along to our meeting where we will be happy to answer any questions you may have.

The meetings will take place **Thursday 11th January 2018** at the Westbury Site on level 5, at the times shown below.

3:30-4:00pm – Year 1 and Year 2 parents

4:15-4:45pm – Year 3 and Year 4 parents

5:00-5:30pm – Year 5 and Year 6 parents

Please note the times are split into Year Groups due to the curriculum being age appropriate. Please ensure you stick to the allotted times given.

Thank you for your support.

Mr R. Mitchell
Headteacher





SCHEME OF WORK FOR PERSONAL GROWTH REALTIONSHIP EDUCATION AT RIPPLE PRIMARY SCHOOL

Children learn about PGRE as part of their personal, social and health education. PGRE is not taught in isolation but is taught within the framework of caring relationships, families, friends, values and responsibility. A whole range of teaching approaches are used which allow children to learn in a caring and sensitive way. Teachers are sensitive to religious, cultural and family values and ensure that all children's backgrounds and experiences are recognised and valued. The scheme of work is progressive and the learning in each year group builds on previous learning.

YEAR 1

- Our daily routine
- Growing and changing
- Keeping clean/Dental health
- Families and care

YEAR 2

- Differences between boys, girls, males and females
- Naming body parts
- Body image- what our body looks like
- Exercise and fitness- keeping healthy

YEAR 3

- Differences between male and female
- Personal space and touch- keep ourselves safe
- Family differences
- Gender roles at home and school
- Feeding the family

YEAR 4

- Growing and changing
- What is puberty?
- Puberty changes and reproduction
- Changes in relationships at home
- Being active- staying healthy and keeping clean

YEAR 5

- Talking about puberty- discussed in single sex groups
- Male and female changes- discussed in single sex groups
- Puberty and hygiene- discussed in single sex groups
- Body image and the media
- Positive physical and emotional health

YEAR 6

- Puberty and reproduction- discussed in single sex groups
- Understanding relationships
- Conception and pregnancy
- Health services
- Healthy families and nutrition

Please note:

- Classes will establish a set of agreed ground rules to be followed during PGRE sessions.
- Correct vocabulary will be taught for body parts. Whilst it may be appropriate to use nicknames for body parts at home, in school it is essential to learn and use the correct terminology. This ensures universal understanding, clarity, respect and manners.
- In KS2 some classes may be delivered in single sex groups.